

## **Joyful 12 User Testimonials**

- (Influencing reluctant eaters / kids) We loved the pesto. Margaret and Thomas weren't
  huge fans of pesto before but not adding the garlic was perfect. They loved the much
  milder flavor and so did I. And I love garlic but I thought this was really good. -Augusta,
  Mom of two pre-teens, South Carolina
- (Influencing reluctant eaters / adults) The orange radishes were delicious. Not usually crazy about radishes but the orange sweetness really helped. You've converted a skeptic. I've never had fennel in my life and now I've had two recipes with it. It's a useful veggie. -Alan, Dad of three grown children, Washington
- (Inspiring more open-minded approach to trying new foods through taste and smell) This pesto sauce was easy and delicious! I was still unable to get my child to actually like the pasta with pesto, but he did take a good long chew of a piece of pasta to taste--which is a first! He normally barely takes a taste and declares something "yucky" or "gross." My husband and I loved the pasta. I did take your advice and suggested my child smell the difference between the spinach and basil. He enjoyed this! -Angel, Mom of one small child, Northern California
- (Becoming more open-minded about vegetables / adults) So enjoy your recipes and learning how to use vegetables, period! My mom didn't particularly like vegetables, so we grew up with frozen mixed vegetables and canned corn; anything about vegetables is an education for me! -Meg, Mom of two grown children, Washington
- (Becoming more open-minded about vegetables / kids) Our niece and nephew were both asking for more broccoli after this fresh take of Mac 'n Cheese. –Jean, Aunt of two small children, Minnesota
- (Homemade versions of store-bought favorites) I made the fennel and apple ranch
  dippers as an afternoon snack yesterday for the fam to munch on while I was making
  dinner. It's too bad I was busy chopping up dinner ingredients because I barely got a
  taste! Both my husband and 20-month-old daughter enjoyed this thoroughly! The ranch
  dip was a nice accent to the sweet fennel crunch and could be a nice replacement for
  the traditional Hidden Valley dip I usually serve with veggies! -Amanda, Mom of one
  small child, Minnesota
- (Engaging kids via fun recipes) You have another winner with the asparagus pizza light
  and refreshing. I've had ricotta and asparagus on pizza before but the shavings made it
  completely different. I bet kids would enjoy making it and not be freaked by the "green
  stuff" on top. Loved it! -Rhonda, Mom of three grown children, Washington